

Dr.M.A.M. Ramasamy Patron
COMMITTEE MEMBERS 2010 -11
Mr. R. RAMACHANDRAN President Mobile: 9940055050
Mr. RANJIT JACOB Immdi. Past President Off: 26173472, Res: 26680624 Mobile: 9840087911
Mr. ANIL NAIR Vice President Off: 28193532, Res: 26446281 Mobile: 9840826281
Mr. P. CHANDER Hony. Secretary Res: 24344740, Mobile: 9841023264
Mr. AJAY BHALLA Hony. Treasurer Off: 28606713, Res: 23613877 Mobile: 9884293999
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Mr. DHEERAJ JAIN Squash, Cricket,Lawn and Tambola Off: 25321973, Res: 26610841 Mobile: 9385322124
Mr. B. ELANGO VAN Catering Res: 26470223, Mobile: 9940146716
Mr. K. PARTHASARATHI I Bar & Snack Bar Off: 9841062662, Res: 28156089 Mobile: 9884590999
Mr. RAGHAVARAM Tennis, Car Rally & Affiliations Res: 26473066, Mobile: 9840031519
Mr. K. RAMANUJAM Maintenance, Renovation & project, Car Parking & Security Off: 28277841, Res: 24993667 Mobile: 9841096994
Mr. SANJAI SHANKAR Billiards, Club Magazine & Website, Library Res: 42142377, Mobile: 9789003344
Dr. SHIVARAM SELVAKKUMAR Entertainment, Party Halls Off: 32540056, Res: 26163316 Mobile: 9444022022
Mr. SRINIVASAN K Cards. Crystal & Emerald Off: 28522579, Res: 24321363 Mobile: 9841045336
Mr. SRINIVASAN T K Guest House Off: 28238347, Res: 24461642 Mobile: 9840288555
Mr. TARUN KUMAR BAGGA Badminton, Health Club, Gym, Swimming Pool Off: 28254513, Res: 28272124 Mobile: 9840028012

HONORARY SECRETARY'S REPORT

Dear Members,

With the advent of the month of Romance - FEBRUARY,

This multicultural festival is perhaps the only festival celebrated all over the world with the same spirit and gusto to express love to the special someone in your life.



Don't let go this opportunity waste, if you have been longing to utter the romantic words "I Love You" to someone.

Just remember on this day that your valentine has been your supporter in all odd times. So making her or him feel special is deemed necessary on Valentine day, not that you can't do the same on other days.

Thirteenth February is the day you can convey your feelings to someone special simply joining with us at our Club.

Extra Ordinary General Meeting scheduled on Saturday, the 19th February 2011. We would like all the members to collect their thoughts, take their time, speak to the point, advise and criticize less, suggest and compliment more.

The 62nd Republic Day was celebrated across country with patriotic fervour. Our Club also celebrated unfurling the national flag by our President Mr.R.Ramachandran. Good numbers of member were present during the ceremony. They all were transmitting our strong patriotism as responsible citizens.

Joint effort of I Bar, Catering and Entertainment demonstrated a remarkable successes during the Arabian Nite on 28th Jan 2011 joints efforts of our members' in charge and their sub-committees taken the event to a remarkable and memorable heights.

As you are aware, that the Club is facing constrain in the car parking facilities, especially during the club events. We have observed that, the space available in our club to park members' only car to the extent of 100 nos only. Feasibility of multi car facilities is under study. Valet drivers are made available during the evening hours, members are requested to utilize their service and help us to ease out the problems. I request members to affix the car pass stickers on the wind shield of their cars.

Some instances were noticed that guest of members were disturbing the harmony of the Club. The Management viewed very seriously on such behaviour. Members were advised to take much care while entertaining guests in the Club and follow the guest rules strictly.

Members should book their guest house rooms/party halls for their guest with whom they are well acquainted and advise them of the club rules.

With regards,

P.Chander
Hony.Secretary

Pongal Celebrations

A Musical Evening along with Tamilnadu's Folk Dances was organized at the poolside which was well attended and enjoyed by one and all. Tamil Light Music was by Cine and TV fame Mukesh and Sam p Keerthan, Who had the audience spellbound with their Melodious songs, New as well as Old.

Professional Karagam, Poikal & Thappattai Dancers who have travelled across the world representing Chennai Sangamam performed skillfully and gracefully which was a treat to all the Members Present.





Arabian Night

The Entertainment Ended for the month of January in Grand Style in the form of an Arabian Theme Based Entertainment and Dinner at the Club Lawns which was well received and enjoyed by all the members and their families.

The famous Israeli Band Asif Avidan and the Mojos played some excellent music to suit the evening full of fun culminating with Belly Dance numbers performed by a Russian Belly Dancer.

The Entire lawn was Decked up with colourful serial lighting with a Difference and Three Huge Arabian Gazebos were erected with Hookas placed in these Gazebos with Arabian Style Seating for the members to enjoy the evening in true Arabic style. All Committee Members and Catering staff wore the Traditional Arabian Attire creating an excellent Atmosphere and the Ambience took all Members and their Families straight to the Arabian Peninsula.

The evening was enjoyed by one and all.....and wish to place on record the Excellent Support received from my ever dedicated sub-committee and the Managing Committee.

Dr K Shivaram Selvakkumar.
MIC - Entertainment










Ellai Sapadu ▲

Flag Hoisting ▼



Feb 13th Valentines Day



Valentine day special offer a wine bottle free for every couple registered with a table, your cooperation is solicited in reserving well ahead.....

BIOFARMING: AN ASTOUNDING PHENOMENON

It is our traditional belief that cultivation is only possible where there is soil. Plants sink their roots deep in Mother Earth, gratefully accept the Sun's bountiful and gracious rays, and grow tall and strong. We have all been held for centuries under the spell of a preconceived notion that without the soil nothing can grow.

But this preconceived idea is fast becoming false. Crop cultivation without the use of soil is fast gaining popularity in Japan, USA, Middle East, South America and in small size in our country also. Farming is facing a revolution as we are in the early 21st century. I shall try to give some idea of revolutionary cultivation techniques, as originally adopted in Japan and later spreading all over the world.

Vegetables thriving on water alone: HYDROPONICS

"Hydroponics" is the art of cultivating vegetables through the application of a nutrient-packed, aerated solution, with absolutely no soil- has come to the focus of much attention. It opens up of producing far greater crops in smaller land space than possible with conventional soil-based cultivation.

The term 'hydroponics' is developed from the Greek words, hydro-water and ponos-labour. This is a unique method of growing plants using mineral nutrient solution in water, without soil. Terrestrial plants may be grown in with their roots in the mineral

solution only or in inert medium such as gravel, mineral wool or even coconut husk.

The advantages of 'hydroponics' are many:

- (i) No soil is needed.
- (ii) The water stays in the systems and can be reused. Thus lower water costs.
- (iii) It saves water. Five percent of water that is used in conventional farming is quite adequate.
- (iv) Stable and higher yields.
- (v) Pests and diseases are easier to get rid of, than in soil because of the container mobility.

Murai Kunihiko, one of the founders of 'hydroponics', says: "Massive labour is required to produce good quality soil and yet the more chemical fertilizers we use, the poorer the soil becomes, with crop yields gradually falling. So we considered the idea of growing vegetables using only a solution that would directly supply the plant with all necessary nutrients,"

Plant nutrients used in 'hydroponics' are dissolved in the water and are mostly in inorganic and ionic form. Primary among the dissolved 'cations' are Ca, Mg, and K. (Calcium, Magnesium and potassium) and NO_3 , SO_4 , H_2PO_4 (Nitrate, Sulphate and Hydro phosphate) compounds of the elements are used in the process.

The vegetable most widely grown by 'hydroponics' is "honeyfoil" (Japanese Mitsuba) and it is astonishing to note that 90% of all honeyfoil shipped out of To-

kyo's Kanda Fruit and Vegetable Wholesale Market has been grown by this method. There are also enough volumes of salad greens, spring onions, lettuce etc. that are produced by 'hydroponics'.

Hydroponics is most commonly carried out in glass-houses, vinyl houses or airdromes (not aerodromes!), with the constantly circulating nutrient solution that is absorbed by the plants. The plants thrive in the environment, with its micro-computer-controlled nutrient volume and temperature. Indeed it resembles a modern factory rather more than a farm.

Hydroponics has definite advantages in the cultivation of vegetables in areas where farm space is at a premium and in deserts and other regions previously thought unsuitable for cultivation.

Computer-controlled bio-farms use sodium lighting that replace sunlight. The greatest merit lies in their total imperviousness to excessive sunlight, storms and other adverse climatic conditions.

Daiei's supermarket in Funabashi city, near Tokyo is the site of Japan's first vegetable *factory*. Here some 130 lettuces and salad green plants were being produced everyday from only 66 square metres of floor space! (O, what a wonder!)

Hyponica: Hyponica is a method of growing plants by using air and water. Hyponica does not use soil and organic fertilizers. All plants can grow freely in Hyponica



method. It was first demonstrated to public in 1985 by agronomist Shigeo Nozawa in a tomato plant project in Tskuba Science and Technology Expo. He was successful in growing more than **13,312 giant size hyponica tomatoes** per plant by giving the young plants fresh water and fertilizer only.

The principle is based on growing plants in a nutrient-rich aerated solution fed to the plants in a temperature and light-controlled environment. The plants are protected from weather extremes by a glasshouse-type structure. This approach should in no way be confused with that of biotechnology, in which the plant's genetics themselves are manipulated.

Plants in themselves possess potential for unlimited growth, but hampered by various environmental conditions including the soil, the temperature, humidity and sunlight, with excess energy having to be expended in achieving satisfactory growth. Therefore, Nozawa reasons, improving the plant's environment and eliminating these adverse influences should make it possible to encourage greater levels of growth.

Nozawa concluded that since all organisms are the results of a mutual relationship with the

environment, a change in environment should bring about a change in the organism itself. If that be true, then the plants, if removed from the soil and provided with



optimum light and temperature condition, should have limitless growth potential. May be they are even capable of endless growth, free of senescence and death.

His experiments proved the results he had expected. Plants thrived; even plants with a one year life span grew for year after year-like the mythological 'Jack and the Beanstalk.'

And not only tomatoes. Between 300 and 400 cucumbers were taken from a single plant, as many as 90 musk melons were taken in 4 months from a single plant. Kale (a vegetable from cabbage family), grew to an unheard of height of six metres. These crops all held abundant vitamins and other nutritious elements; their taste was superb and damage-free crops were available year-round.

Our Nation is also catching up with these technologies. Javik, Kheri Gaon are two typical villages in Madhya Pradesh, to take up these projects. The farmers in these villages have understood the merits of these simple, and high yielding methods of cultivation, and they are very happy. They welcome such novel projects. The

farmers in these villages are growing soybean, cotton, maize, jowar and even paddy in Kharif and all types of grams, vegetables and also wheat in Rabi. It is also learnt that some useful research is being carried out in Kolkata, on these novel projects.

Let many concrete jungles grow! Let all farm lands become buildings! We need not have any fear

or anxiety that all farm lands are turning into jungles of concrete structures! God is merciful! He does not let anyone starve, in His creation! He gives brains and ideas for survival! We shall pray unto Him always, and prove our worth that we are the fittest in His creation to survive!

V.Balachandar
Mem.No. R 1152



Billiards



Our Club team made it really to reach semi final by winning the matches against TNCA, MUC & MYLAPORE Club in the tournament of SUMERO SOFT –TNBSA STATE Championship conducted during January 2011. Our team had produced the closest match during the tournament and reached to semi finals. Congratulation to our team for the wonderful job.

Tennis:

Our tennis teams are getting ready to meet the challenges at the SANMAR TNTA Chennai City League Championship – 2011 to be held during the first week of February 2011. As last year our teams have shown considerable improvements and were elevated to higher division. Keep it up
Fixtures are displayed on the notice board.

Singaram Trophy – inter Club Cricket Tournament:

The tournament eventually with Gaurav Jain's unbeaten 85 took our Club to a nine wicket win over Mylapore club in the Singaram Trophy inter Club tournament and we lost to T.Nagar club at the semi final.

Alumni Club Bahwan CyberTek T20 2011 - Week 1 Results

Gandhi nagar Club 117/9 in 19.4 overs (Varun 54, CR Suresh 4/7) lost to Presidency

Club 118/1 in 14.2 overs (Suhail Chandok 62 n.o., CR Suresh 42 n.o.) MOM CR Suresh

Stop Press
Lady Masseur Available for Lady Massage only

International spa Therapies and full body treatments

Now in our Presidency club

Opening time

Morning : 7 am to 11 am

Evening : 5 pm to 9 pm

For appointment please contact swimming pool reception

Massage details

TYPE OF MESSAGES	TIME LIMIT	RATE
CLASSICAL SWEDISH MASSAGE	60 MTS	350.00
MASSAGE WITH ESSENTIAL OILS	60 MTS	350.00
BALINESE MASSAGE	60 MTS	500.00
ROYAL THAI MASSAGE	60 MTS	500.00
ANCIENT HOT STONE MASSAGE	75 MTS	750.00
WEIGHT LOSS MASSAGE	60 MTS	500.00

Short period Massages

TYPE OF MESSAGES	TIME LIMIT	RATE
RELAXING BACK MASSAGE	20 MTS	200.00
TRADITIONAL FOOT MASSAGE	20 MTS	250.00
FACE MASSAGE	20 MTS	300.00

Full body polish

TYPE OF TREATMENTS	TIME LIMIT	RATE
DEAD SEA SALY SCRUB	20 MTS	200.00
ALMONDS AND OATS SCRUB	20 MTS	350.00

Full body masks

TYPE OF TREATMENTS	TIME LIMIT	RATE
PAPAYA PAMPER	20 MTS	200.00
TRADITIONAL SPICE & ALOE VERA PACK	30 MTS	450.00

Mr. Tarun kumar bagga
Member In-charge

Mr. P. Chander
Hony. Secretary

Congratulations



Mr.V.Murali – R 1251 appointed as Director and Chairman of the Audit Committee of Neyveli Lignite Corporation Ltd



Prof.Dr.S.K.Rajan – SM Honoured with “ Life time achievement award ” & Special award of Excellence for the significant contribution in internal medicine by The Institute of Neurological Sciences, Voluntary Health Services.



- 1 19 Feb India vs Bangladesh
- 6 Mar India vs Ireland
- 12 Mar India vs South Africa
- 27 Feb India vs England
- 9 Mar India vs Netherlands
- 20 Mar India vs West Indies

Hi folks, there would be nothing more than watch a match on a high definition screen, in the open air with a mug in your hand and relishing a snack, enjoy the world cup (India playing matches) in our terrace and rewind.....



(Offers on liquor and small eats)

P.Chander
Hony.Secretary

Parthasarathy K
MIC Bar

Elangovan B
MIC catering



OBITUARY



Mr.J.A.Fernandez - SM 005
Passed away on November 2010



Entertainment Programme

The Super Hit 'ENDHIRAN' Starring Super Star Rajini was screened on the 9th of January this year which drew quite a crowd. Many Members had to stand and watch the movie as all the chairs were occupied. All members who had come that evening enjoyed and had a good time.

For advertising contact : 2435 2581 / 4211 2582